

THE LATEST



SEAMARK
Asset Management Ltd.

INVESTMENT COUNSEL

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April 2009



TSX/S&P Comp

March 31	8720
Last Month	8123
Jan 1/09	8988
3 years ago	12111

S&P 500

March 31	798
Last Month	735
Jan 1/09	1099
3 years ago	1511

Canada Overnight Rate

March 31	0.50%
Last Month	1.00%
Jan 1/09	1.50%
3 years ago	3.75%

US Fed Funds Rate

March 31	0 to 0.25%
Last Month	0.25%
Jan 1/09	0.25%
3 years ago	4.75%

10 yr Canada Bond

March 31	2.78%
Last Month	3.13%
Jan 1/09	2.88%
3 years ago	4.28%

10 yr US Treasury

March 31	2.66%
Last Month	3.02%
Jan 1/09	2.21%
3 years ago	4.85%

C\$ (vs. US\$)

March 31	\$0.794
Last Month	\$0.784
Jan 1/09	\$0.821
3 years ago	\$0.856

Gold (US\$/oz)

March 31	\$919.15
Last Month	\$942.35
Jan 1/09	\$882.05
3 years ago	\$583.65

WTI Crude Oil (US\$/bbl)

March 31	\$49.66
Last Month	\$46.89
Jan 1/09	\$51.96
3 years ago	\$67.80

INDUSTRY QUARTILE RANKINGS

Periods ending March 31, 2009	Three Months	One Year	Two Year	Three Year	Four Year	Five Year	Ten Year
SEAMARK Pooled Balanced Fund	1 st	1 st	1 st	2 nd	2 nd	2 nd	1 st
SEAMARK Pooled Canadian Bond Fund	1 st	1 st	1 st	1 st	1 st	1 st	2 nd
SEAMARK Pooled Canadian Equity Fund	2 nd	2 nd	1 st	1 st	2 nd	2 nd	1 st
SEAMARK Pooled U.S. Equity Fund	2 nd	3 rd	3 rd	4 th	4 th	4 th	1 st
SEAMARK Pooled International Equity Fund	1 st	1 st	1 st	1 st	1 st	2 nd	1 st

The information presented above represents the quartile rankings of the indicated SEAMARK Pooled Funds compared to a universe of similar pooled funds managed in Canada as measured by Mercer MPA. A fund ranked in the first quartile generated a reported performance for that period that ranked in the top 25% of similar funds. A fund ranked in the 4th quartile generated a reported performance for that period that ranked in the bottom 25% of similar funds.

PERFORMING IN CHALLENGING TIMES

The past eighteen months have been a period like no other: for the markets; for our clients; and for our business. Through these months, everyone here at SEAMARK has worked very hard to deliver the best service possible, knowing full well how difficult these markets have been on investors. We have tried our best to respond to your questions and your concerns, and to review the positioning of your portfolio in light of any changes to your circumstances. And there have been many such changes of circumstances, for our institutional and private clients alike, as investors seek to adapt to an entirely new economic environment from that of only two years ago.

For our investment team, too, it has been a new environment. Never in memory have the bonds and equities of so many high quality companies traded at such low valuations. Never, too, have concerns been raised about the solvency of so many companies previously considered well-capitalized. We undertook an intensive effort to thoroughly re-visit every portfolio holding and assess how the new environment has changed its circumstances, and this effort has paid off. We are more confident than ever in the strength of the securities we hold to weather this downturn and deliver attractive returns going forward.

PERFORMING IN CHALLENGING TIMES continued

We are also more confident than ever in the value of the service we offer. The value of SEAMARK's investment approach has proven itself through these challenging and volatile markets, and we are certain that it will continue to do so, as we look forward to better times ahead.

As always, we encourage your feedback and look forward to speaking with you soon.



Brent Barrie
Chief Executive Officer

FIRST QUARTER COMMENTARY

As the year 2009 began, profound uncertainty weighed on the economy and capital markets. The historic events of 2008 were still freshly engrained on investors' minds, and emerging economic data did little to stem fears of a prolonged and painful recession. Interest rates continued to fall to historic lows, and the stock market declines of last year continued through to the first week of March.

Extreme volatility creates opportunities, and the first quarter came to a close with a very impressive equity market rally. The late surge saw the Dow Jones Industrial Average gain 22.5% in just 19 trading days, the best such stretch since 1938. The broader S&P 500 jumped 24.5% and the S&P/TSX Composite Index 15.6% over this period.

The sharp rebound in equities seems also to have been ignited by a growing conviction that recent announcements and policy actions have finally "back-stopped" the world's major financial institutions. Financial shares rebounded significantly in the latter part of the quarter as reports of recovering profitability emerged from mega banks Citigroup and Bank of America. As well, the Financial Accounting Standards Board relaxed the mark-to-market accounting rules in the U.S. retroactive to the first quarter 2009. This means that banks and their auditors can now use "significant judgment" when valuing their toxic assets based upon estimated cash flows versus distressed market prices. While presumably the majority of write downs have been taken, this helps provide more stability in bank balance sheets going forward. The worst of the banking crisis may now be behind us, a necessary condition for economic stabilization.

We have experienced previous such reprieves as recently as November only to have panic and the bear market reassert itself. So the question facing investors is whether this recent market rally is sustainable? Are investors slowly recovering from the shock of 2008, and perhaps beginning to look beyond the immediate concerns facing the economy?

Small glimmers of hope are starting to emerge that suggest there may be a light - and not a bear - at the end of the tunnel. U.S. consumer confidence edged higher in March and consumer spending rebounded in January after the worst December showing in 28 years. Manufacturing declines slowed their pace and the dismal U.S. housing market finally appears to be carving out a bottom as new home sales and starts bounced off record lows. This may have something to do with house affordability being the most compelling on record. Investors also seemed pleased with the outcomes of the G20 meeting in London.

While investors have been more optimistic in recent weeks, there are still many headwinds. The global economic contraction deepened in the first quarter, including in Canada, which saw business investment decline sharply. Unemployment reports, both in Canada and the U.S., can be expected to continue to worsen beyond the current 25 year high of 8.5% in the U.S. The ongoing consumer de-leveraging and balance sheet repair will limit a spending recovery. Tight lending standards and limited credit availability from non-traditional sources will also restrict growth.

WHAT HAS WORKED....

AND WHAT HASN'T

Jan 1st through Mar 31st, 2009

Top 5 Performers*

Corning	44%
TMX Group	43%
State Street	26%
Yamana Gold	25%
Suncor	19%

Bottom 5 Performers*

Bank of America	(49%)
Citigroup	(49%)
General Electric	(34%)
Manulife Financial	(31%)
FedEx	(28%)

*These names are representative holdings from a cross section of SEAMARK mandates. Subject to unique policies and guidelines, there is no guarantee that any or all of these names are currently (or historically) held within a specific portfolio. Returns are indicative of a base C\$ equivalent rate of return. Contribution to overall portfolio return varies by security weight.

MEET THE (NEW) BOSS



BRENT BARRIE, LLB, CIM, CFA
CHIEF EXECUTIVE OFFICER

SEAMARK veteran Brent Barrie took over as CEO this quarter. Brent's roles have included equity research, compliance, investor relations, and managing the company's operations areas. Some stats on the new boss:

Industry experience:
14 years

Years at SEAMARK:
8 years

University degrees:
2 (BA (Honours) & LLB)

Industry designations:
3 (CFA, CIM, CFP)

FIRST QUARTER COMMENTARY continued

On the corporate side, North American automakers are racing to prevent bankruptcy, as auto sales try to stabilize at their lowest level in 27 years. There will be few bright spots in this first quarter earnings season, with most industry sectors reporting significant deterioration in profitability. Profits have now fallen for seven consecutive quarters, and there remains very little predictability to future earnings. The risk of near term earnings disappointment remains high, particularly in cyclical businesses, given the extent of the global growth slowdown.

To date, the SEAMARK investment team has navigated the turmoil well. We have been careful in where and how to invest during this period, but we believe that the long term outlook is bright. Technological innovations and the continued industrialization of the world's most densely populated countries, India and China, will stimulate resumed economic growth down the road. In the meantime, we have sold those companies in which we believe management will have an "uphill battle" to return meaningful value to the security holders, and we are buying high quality companies that exhibit a strong business franchise, earnings stability, strong balance sheets and low valuations. You could say that our approach is to further "fortify" our portfolios with strong businesses whose prices fully reflect the current challenges, but do not fully reflect the longer term potential.

While we have no certainty as to the timing, we now have somewhat more confidence that a recovery, albeit subdued, should begin to unfold in late 2009 or early 2010. Government bond yields should begin to climb again by this time next year as signs of growth re-emerge and central banks reverse their massive credit easing. Equities continue to trade at compelling values, and the potential for trading multiple expansion remains high when investor sentiment changes.

This much is certain. Human behaviour does not change. While the cause of the "tipping point" at each market turn is different, and usually unforeseen, the reaction of investors is always the same. From this we can glean hope, because optimism will eventually replace gloom, as it always does.

SEAMARK Balanced Pension Composite as at March 31, 2009

	Q1	1 yr	3 yr	5 yr	10 yr
Pension Composite	(-1.7%)	(-14.5%)	(-2.0%)	2.7%	5.9%
Bonds	1.8%	6.3%	6.7%	5.3%	6.1%
DEX Universe	1.5%	4.9%	5.4%	5.2%	6.1%
Canadian Equities	(-2.0%)	(-29.3%)	(-6.3%)	4.2%	9.3%
S&P/TSX Composite	(-2.0%)	(-32.4%)	(-7.8%)	2.8%	4.9%
U.S. Equities (C\$)	(-8.9%)	(-27.2%)	(-14.3%)	(-8.4%)	(-1.2%)
S&P 500 (C\$)	(-8.4%)	(-24.1%)	(-10.8%)	(-5.5%)	(-4.7%)
International Equity (C\$)	(-8.3%)	(-27.1%)	(-6.4%)	(-2.7%)	1.1%
MSCI EAFE Index (C\$)	(-11.3%)	(-34%)	(-11.8%)	(-2.5%)	(-2.2%)

SEAMARK's Balanced Pension Composite includes pension accounts for which SEAMARK provides discretionary investment management through a balanced portfolio of fixed income securities, Canadian equities, and foreign equities. It has the longest track record of any SEAMARK composite and, as it includes all asset classes managed by SEAMARK, provides an overview of the company's overall investment performance. Performance data presented is calculated on an actual basis for periods of less than one year, and on an annualized basis for periods of one or more years, and is prior to fees and taxes (except for withholding tax, if any, on foreign income). Performance data is calculated based on a composite of accounts with similar investment mandates, and is not necessarily reflective of the returns of any particular client account. Asset class returns presented represent the returns of that asset class within the overall composite. Past performance is not necessarily indicative of future returns.

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WHAT WE DO AT SEAMARK

We continually strive to achieve each client's objectives through prudent, ethical and consistent investment management principles which preserve and enhance capital.

PRUDENT

We take the same level of care managing your money as we would managing our own.

ETHICAL

We do what is right and what is in the best interest of our clients.

CONSISTENT

Our consistent investment philosophy and processes are implemented by a stable and well experienced investment team.

We focus on providing our clients with high quality investment management services by offering a consistent and disciplined investment process based on proven investment principles.

Our conservative, long-term investment philosophy, applied by our experienced investment team, has provided clients with exceptional performance and risk management over the history of our firm.

Our clients take comfort in the financial strength of our company.

SEAMARK is conservatively managed with strong financials & high corporate governance standards.

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